

ABSTRACT OF THE DISCLOSURE

An optical pickup apparatus (100) is provided with: a carriage body (80); an optical parts accommodation module (70) mounted on said carriage body and accommodating at least (i) a light beam emitting portion (41, 42, 55) for emitting a light beam, (ii) a light beam receiving portion (57, 65), (iii) a beam splitter (44) and (iv) a grating (43) for generating a sub beam for a tracking adjustment out of the light beam emitted from said light beam emitting portion; and a grating adjustment mechanism (62, 63) for rotating said optical parts accommodation module. The optical parts accommodation module is mounted on said carriage body in such a condition that said optical parts accommodation module is allowed to rotate with an axis line of the light beam, which is irradiated toward a disc, as a rotational center. The grating adjustment structure has a cam plane (63) abut to an abut plane (52) formed at a portion apart from the axis line of said optical parts accommodation module and including a slide cam member (62) mounted in such a condition that said slide cam member is regulated to be movable on a straight line with respect to said carriage body.